

Meet Your Guides

An Instructional Ebook on
How to Use Your Pendulum



Clairaudient Spirit Fairie
TheSpiritZen

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INTRODUCTION

As a small girl I could hear someone “in my mind” talking to me. Then, in my mid 20’s the voice got louder. I lived in Israel for a few years, and the voices got very loud. Unable to ignore them, I have never stopped listening, and asking questions. These guides are the loves of my life. I am grateful for their presence.

All of us have spiritual guides. Guides that have been assigned to us, at birth. Our spiritual guides are similar to confidants, and counselors. They teach, give answers, and console us with wisdom. Angels are about us also. And, according to what the Most High has assigned to them, they have a more specific job to accomplish. For example, your guides cannot protect you, they can only warn you. It is Archangel Michael that is sent as your protector.

The pendulum and its board became very useful to me when I wanted to make sure “I heard everything and heard it clearly”. It was my spirit guide that insisted I stop using it. He said, I could hear him without it.

My spirit guides name is GHJR, which is an acronym for “give (him/her) just rewards”. And this is our intent. That you will hear everything that your spiritual guidance is saying to you, and you will hear loud and clear. You are in complete control.

If you are so inclined, please take a look at my book currently on Amazon and Kindle. For *The Raised Consciousness of The New Era: Commanding The Spirits Within: The Subconscious Mind Is A Spirit With A Separate and Distinct Personality* The entire book was recited to me by my Spirit Guide when I lived in Israel. You can get a free copy with Kindle, and can also take a look inside the book.

I can only explain to you those things I have been taught by my spiritual guidance regarding the pendulum. And, it is a lot. This is not all of it, but let us start with Intent.

SETTING YOUR INTENTIONS

Begin no task without announcing to the universe your declared intention over it. The intention process is a crucial step in all that you do. Your intention is a witness for your heart's desires, and is your expressed desire to fulfill your will.

- Take some time to contemplate, and become very clear about what you truly desire to experience.
- Meditate on it, write it down with pen and paper.
- After you have made specific decisions on your true intent. Ring a bell. This will be a sign to all who listens in the spiritual realm that you are ready to begin.

BE SINCERE

The spiritual realm will play with you, if you play with it. Do not play! Be sincere, be authentic, and come from your heart. Mean what you say, and Believe it! You will be respected in the spiritual realms, and will receive the help and guidance you need. If you approach it without sincerity you will receive the same.

TRUSTING THE SPIRITS

In the beginning, I had a lot of spirits helping me. Different personalities, regularly. I asked them all to leave. The only spiritual guidance I allowed to stay with me, has been assigned by the Most High. I know that there are still others, but they do not come to me. Everyone goes through GHJR. The spirits cannot stay if you ask them to leave.

PROGRAMMING THE PENDULUM

For some getting truthful answers from the pendulum works impeccably right away. This did not happen for me. However, smudging usually always cleans up any negativity, or energy that does not serve you. Use the smudging stick for your pendulum.

- Treat your pendulum like a friend.
- Gently, and kindly ask your pendulum to obey you.
- Then instruct the spirit of the pendulum on how you would like to communicate. For example: ‘no’ will be a side to side sway.

Your pendulum board has already been blessed. This pendulum board is set up and designed by my spirit guide, for you. It is the same pendulum board I have been using for over 10 years. With a couple of exceptions. Mine is laminated, but after your download you can do the same. For me, “no” is side to side, and “yes” is counter clockwise.

CLOCKWISE – sets in stone. Wants you to decide and act.

COUNTER CLOCKWISE – unravels. Wants you to stop and think. The entire universe moves in a counter clockwise direction, including the sun. When attuned correctly, our inner chakras move in a counter clockwise direction. This is in correlation with Divine Mother Earth, and Universal Energy.

As I said this board is designed for you. You can program your pendulum tool, regarding how you receive answers.

PROGRAMMING THE PENDULUM CONTINUED

When using the pendulum board for the first time many people like to ask the pendulum a lot of questions. The questions are to ensure you are speaking with the right guide. I have been instructed to ask a few:

- Are you the guide that has been assigned to me by the Most High? If the answer is yes, continue.
- If the answer is no, say, I ask that the guide assigned to me by the Most High of all and of everything be sent forth.

NOTE: This might not happen right away. You have been separated from your guide for a long time. Your guide is comfortable with you not listening. He or she could be out playing golf or something. However, know that he/she will show up. Keep stating: I am here to reconnect with my own god given higher self.

When your guide gets there, he/she will ask the Akashic records for everything they need to help you. They will talk with you to develop a relationship. They can read your every thought, they know your every intent, and they can see your future.

- Do you abide in purity?
- Are you a saint?

Listen closely to the answers. If anything is unacceptable, ask that he/she be removed and your true spirit guide appear. If the spirit guide starts asking **you** questions, he/she does not know who you are, or your future. This is not your guide, and some trickster. DO NOT PLAY and refuse to waste your energy on nonsense. However, if you trust your pendulum, continue.

GETTING ANSWERS

Asking yes, no questions would be the easiest way for beginners to get answers.

- Hold your pendulum over the middle module of the bottom of your board.

If you have not already programmed the pendulum, do it now. Then ask your questions.

KEEP IT SIMPLE

Your pendulum is serving as a catalyst for your higher self. Ask the pendulum what is the information you most need to know. Then build your conversation from that point.

QUESTIONS FOR YOUR GUIDE

Here are some questions you might want to ask your guide.

- What is your name? The answer will not be easy. These spirit guides have names that are indistinct. You will probably need the spelling. Or perhaps you should forget the name and get an acronym.
- What is my life purpose?
- How old is my soul?
- How many are with you?
- Have you met the archangels?

PRAYER

I have never had to say a prayer with the pendulum, because you are speaking with your higher self. Also, in the beginning you asked questions to rid the pendulum tool of any fakes.

However, for many reasons there might be an entity that refuses to leave. There are many things you can do to get rid of it. Such as burying your pendulum, charging the pendulum with sunlight, boiling the pendulum, etc. These tactics will not guarantee these unwanted entities will not come back. The entity might get tired of trying to speak with you, and find somebody else to bother.

But, to ensure unwanted entities never return. The issue is usually something you can fix from within. Smudge and say this prayer:

In the name of the Father (Most High), Son, (subconscious mind) and Holy ghost (your spirit guide) I demand that all negative energies, and any energy that does not serve my happiness, prevents me from winning, or blocks clear wisdom and loving contact be removed now!

Keep saying that until the negativity is gone. It MUST leave! And does not have a choice.

I hope you found this helpful. This is a condensed version. There is so much more. Be blessed at all times.

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