



Blessings & Black Witch Salt for Protection

An Instructional Ebook
For Spiritual Use

Karah Wands
Clairaudient Spirit Fairie

Legacy Eutopia Publication

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BLACK SALT FOR PROTECTION

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DEDICATION

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This publication is a dedication to my creator, universal consciousness, angels, my excellent heavenly energy and spiritual guidance GHJR.

I let go and trust, I trust and let go.

Thank you GHJR, for accompanying me during this lifetime, for channeling to me, and for providing the information in this publication.

Be blessed at all times.

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CONTENTS

- 1 Introduction
- 2 Setting Your Intentions
- 3 Pure Intent
- 4 Making a Connection
- 5 Be Sincere
- 6 Negative Energy
- 7 Positive Energy
- 8 Shadows
- 9 About Spiritual Salt



CONTENTS

- 10 Other Types of Black Salt
- 11 How to Use Black Salt
- 12 Is Evil Negative
- 13 Disposal
- 14 Questions Answered
- 15 Folklore
- 16 Prayer
- 17 Credits



INTRODUCTION

Protection black salt became very useful when making sure “I had powerful tools” to enhance ritual work. It was my spirit guide that insisted on making use of candles, incense, and other tools to enhance rituals and spells.

All of us have spiritual guides. Guides that have been assigned to us, at birth. Our spiritual guides are similar to confidants, and counselors. They teach, give answers, and console us with wisdom. Angels are about us also. And, according to what the Most High has assigned to them, they have a more specific job to accomplish. For example, your guides cannot protect you physically, they can only warn you. It is Archangel Michael that is sent as your protector.

As a small girl I could hear someone “in my mind” talking to me. Then, in my mid 20’s the voice got louder. I lived in Israel for a few years, and it was there that the voices got very loud. Unable to ignore my “heavenly energy” within, I have never stopped listening, or asking questions. These guides are the loves of my life. I am grateful for their presence.

My spirit guides name is GHJR, which is an acronym for “give (him/her) just rewards”. And this is our intent. That you will be very strong in your spiritual journey, you will hear your spiritual guidance loud and clear. And, you will win this time.

If you are so inclined, please take a look at my book currently on Amazon and Kindle. For *The Raised Consciousness of The New Era: Commanding The Spirits Within: The Subconscious Mind Is A Spirit With A Separate and Distinct Personality* The entire book was recited to me by my Spirit Guide when I lived in Israel. You can get a free copy with Kindle, and can also take a look inside the book.

I can only explain to you those things I have been taught by my spiritual guidance regarding black salt and protection from evil. And, it is a lot. This is not all of it, but let us start with Intent.

SETTING YOUR INTENTIONS

Begin no task without announcing to the universe your declared intention over it. The intention process is a crucial step in all that you do. Your intention is a witness for your heart's desires, and is your expressed desire to fulfill your will.

- Take some time to contemplate, and become very clear about what you truly desire to experience.
- Meditate on it, write it down with pen and paper.
- After you have made specific decisions on your true intent. Ring a bell. This will be a sign to all who listens in the spiritual realm that you are ready to begin.

Black Salt for Protection will absorb negative energy around you, Everything has energy. You conquer it with intent.

- When infusing inanimate objects with intent, talk to it like a friend.
- With animate objects keep your intent secret using will power to infuse it

Activate your black salt by giving it a purpose. Then tell it to start doing its job immediately. Give thanks, to Universal Energy.

Intent is crucial. Everything is a choice. If you choose to do a thing with your will and intent it has to happen for you. We pray, and intend that you will find the information in this publication useful. That you will make a spiritual connection to the contents within this writing. Heavenly energy wants you to win this time!

PURE INTENT

Innocence will not be interrogated. You can train yourself to stop caring about what other people are doing, how they are behaving, or what they are wishing. In doing so, you will live with pure intent.

What is pure intent? Realizing that the negativity caused by others is not your problem. That negativity will be dealt with by the spiritual realm. Pure intent is for you to not give a f##@& about the intent of others. Living only for the purity & positivity that life brings to you. May sound selfish, but you are not responsible for the negative pursuits of others.

- Pure intent, is the daily intention that positive energies continuously remain strong in and around your world.
- Pure intent is not wishing harm for others. But, intending that negativity returns to its sender.

After all, every energetic thought, and feeling must go somewhere. Why not send all negativity back to its owner?

Once, you become aware of sin you are connected to negative consequence. Have no fear, if you have innocent intent, you can do anything. Innocence allows you to carry on without repercussions. This is why it is said, the soul of a child goes to heaven. Not having a guilty bone in your body, frees you from negativity.

In living with pure intent you will see that the negative intentions of others towards you, will not survive. The evil eye of others cannot harm you. Negativity will find it very difficult to live in your space. And, this is because you are protected by purity.

MAKING A CONNECTION

For you to be successful with anything. You must make a spiritual connection to it. It is the same with this book. I believe in my spirit guides. They have been with me throughout this entire life. I follow their recommendations, information, and guidance. I share their love. I have made a spiritual connection with the spiritual realms within. Which proves to be a guiding light.

In the beginning, my spiritual connection to God did not come automatically. I had to learn through steadfastness, and now the connection is made effortlessly, and automatically. This is my process.

1. Be peaceful. Do whatever it takes to get into a peaceful trusting state of mind.
2. Relax, and ensure your spiritual guidance knows you want help.
3. Imagine yourself speaking with a friend.
4. Ask, spirit to send you a sign that your message is heard.
5. Be patient, and know that spirit can hear you, and will respond.
6. Listen to your thoughts, and respond when the message you hear is not your own.
7. Look for signs from spirit, that you are receiving help.

BE SINCERE

The spiritual realm will play with you, if you play with it. Do not play! Be sincere, be authentic, and come from your heart. Mean what you say, and Believe it! You will be respected in the spiritual realms, and will receive the help and guidance you need. If you approach the spiritual realms asking for help without sincerity you will receive the same.

ABOUT SPIRITUAL SALT

Black witch salt absorbs negative energy. As a part of Wicca ritual it symbolizes the earth element. And, when mixed with prayer and intent this powerful spiritual tool will boomerang negativity back to its sender. We use it to remove jinx, hexes, curses, bad habits, ritual protection, self protection.

Black salt is used mostly by pagans, witches, voodoo, hoodoo and wiccan practitioners. Also, those who want to perform protection rituals. For centuries spiritual salt has been used for purification, stability, loyalty and protection.

Every altar should have black salt. The salt serves many functions. It is essential for purification, cleansing energy, magnetizing good luck and keeping away astral spirits.

Black Salt for protection is sometimes called Kala namak, witch salt, hoodoo salt, sal negro, drive away, santeria salt. However, black ritual salt is not black lava salt or Kala namak. Black spiritual salt does not come from the Himalayan mountains. Black Salt from the Himalayan actually turns pink when ground up, and is used for eating, not ritual work.

Black spiritual salt is a mineral known for its popularity in use with rituals and spells, to help ward off evil. The best black salt recipes will use salt minerals from the purest oceans. The activating ingredient in the black salt is charcoal that absorbs.

Most spiritual salts have a blend of organic herbs. The herbs strengthen the salts ability to remove negativity.

NEGATIVE ENERGY

Black salt will absorb the negative energy around you. Everything that has a shadow has energy. This includes inanimate objects. However, you can conquer any energy with your intent, and your will power. When you are going to diffuse negative energy you must be confident. Spiritual tools such as black witch salt helps your spiritual strength, and adds to your power. Using tools in spiritual rituals and spells will aid in bringing you a desired outcome.

Negative energy is mainly defined as a gravitational potential. This is what I call a negative vibe. Do not blame yourself for negative circumstances, instead clear the energy in and around you. This wonderful tool called Witches Black Salt helps to clear all types of negativity.

When you feel uncomfortable, it is your inner self (spirit guides) letting you know something is happening that is not in your best interest. Look around, be alert, notice changes in the room or atmosphere. And, act calmly and accordingly to rid the area of the negative vibe.

If you let it go for too long, negative energy can create a wormhole. Allowing other negative influences in. It is best to deal with and remove negative energy pulls immediately.

POSITIVE ENERGY

There is proof that the spiritual world exists. Therefore, there is proof that energy through intent, prayer, words, spells and rituals also exist. We also know that living energy comes in different forms. And, can be strengthened or diffused with energy. Because, energy carries karma we know that energy can be manipulated.

With this information we can be sure, that ridding ourselves of negativity, and replacing it with positive energy is possible.

SHADOWS

- Everything that reports to the most omnipotent creator has a shadow.
- Everything with living energy within it has a shadow.
- Inanimate objects like the stuff in our homes, clothes, plants and trees have shadows.
- All living things have shadows.
- If anything has a millimeter of life it will have a shadow.

Why do we care about shadows, and energy? Because, anything with a shadow can be influenced by a negative or positive charge. A shadow or reflection will determine whether or not you will need to put protection energy on it.

- Energy will be called to account for its actions.
- Energy carries karma.
- Living energy can be positive, negative or neutral.
- Shadows are living entities and proof that the spiritual world exists.

Everything with a shadow is keeping a record of its experience. For example; a wooden table, created from living energy, can send universal consciousness messages. And, just as your messages are heard by angels. So are the messages of trees, and other inanimate objects. Therefore, treat everything that has energy with respect.

SHADOWS CONTINUED

- Shadows can be bent
- Shadows cannot be changed

Remember, earlier when we talked about pure intent? Because shadows cannot be changed, the intent of the shadow has to be confined. In other words, negativity must be sent back to its originator, and remain there, or be dissolved.

Let's take a look at a conversation that Jesus had with a tree in the Bible verse Matthew 21:18; Jesus walked up to the tree and told it to produce fruit. When, the tree refused it was told to wither and die. Which, it did. Although, a tree is not inanimate until it becomes a piece of furniture it has a life force that listens, and obeys. A life force remains with inanimate objects. And, all it takes is as little as one millimeter of life. Thus, anything with a shadow can be stripped of its negativity.

ABOUT SPIRITUAL SALT

Our Legacy Eutopia Black Salt for Protection is an ancient magical recipe created by GHJR, my heavenly energy, and spirit guide. Black salt for protection absorbs negative energy and used with magical rituals, spells, Wicca, and witchcraft. Black spiritual salt absorbs everything in the environment. It drives away negativity, envy, anger, bad humor. Because, black salt absorbs energies, Legacy Eutopia is very particular about the protection herbs we use.

Additionally, For added strength Legacy Eutopia black salt is charged in the last cycle of the waning moon.

ABOUT SPIRITUAL SALT CONTINUED

Spiritual black salt is the best and most amazing mineral herb blend for protection and cleansing. It works extremely well for serious spiritual and energetic cleansings. You can throw salt on the offensive problem or energy and it will be forced to leave.

Black Salt for Protection is a mineral known for its popularity in use with magic, rituals and spells, to help ward off evil. The best black salt recipes will use salt minerals from the purest oceans.

There are many different types of black salts. Depending on the magical herbs, or ingredients used within the black salt recipe.

OTHER TYPES OF BLACK SALT

Kala Namak is sometimes called Indian Black Salt, volcanic rock salt, Himalyan black salt, kala loon, sulemani namak. A sodium chloride or Himalyan pink salt is heated to extreme temperatures mixed with herbs, sulfur, trace sulfates, and impurities. This salt gets its pink color from iron sulfides. Which also gives the salt a smell, and taste of rotten eggs. And, is popularly used in vegan recipes.

Black Lava Salt sometimes called Hawaiian black salt. Is sea salt blended with activated charcoal. Used mostly after cooking, on top of foods.

HOW TO USE BLACK SALT

Reasons to use Black Salt for protection:

- Rid yourself, others objects places and things of negativity and evil
- Drive rivals away, or anyone complicating your life such as co-workers, unwanted neighbors, family
- Home purification
- Ward off unwanted guests, preventing them from returning.
- Protection from spiritual influences
- Purification of tools, stones, talismans, crystals, amulets.
- Banishing entities or people.
- Counter magic or spells of others.

For centuries spiritual salt has been used for purification, stability, loyalty and protection. It is not to be put in the mouth for consumption/eating.

Prevent evil spirits/negative energy from entering: Salt can be placed around the entrances and openings of your house, such as doorways and windows. This is often done when it is believed someone is trying to curse you or send negative energies your way.

- Pour black salt around window pane, and the threshold and entrances of your doorways.
- Make a salt offering to your favorite deity.
- Use the black salt as part of metaphysical seasonal cleaning.

HOW TO USE BLACK SALT CONTINUED

Guest intruder removal: To deter unwanted visitors/guests from returning. Or, neighbors that disturb the good atmosphere, or guests that are unpleasant. Use black salt to help ensure they do not return.

- Sprinkle or throw black salt on their backs.
- Sprinkle around or behind your enemy to confine their energy.
- Close the door and protect the doorway entrance with black salt. Or, throw black salt on their path.
- Do NOT look back, or think of them again. Let the black salt take care of it.

Seal your magical symbol: Sealing your symbol such as a pentagram will protect from intruding spirits. Placing a candle in the middle of the symbol will counter negativity.

- Trace around your ritual symbol with black salt.
- Anoint a candle (black or any ritual color) with black salt and place in the middle of your ritual symbol for protection.
- Place on your altar as a talisman

Ward off evil: Protection from envy, evil eye, and other types of negative energy. Here's how:

- Wear as a protective amulet. Fill a small vial/bottle with black salt. Carry it around with you.
- Sprinkle the black salt around your space where bad vibrations might be. The black salt will "catch" the vibrations before they reach you.
- Keep a sachet at work.
- Place black salt under your pillow.
- Mop, dry and add a pinch in corners for peace.

HOW TO USE BLACK SALT CONTINUED

Breaking a Curse: To break a curse or spell that another has placed. You must prepare with the right intent, tools, and atmosphere. Additionally, the fire and water element will strongly help you.

Through Water Element: Evil spirits do not like water, especially cold water.

1. On the night of the full moon, add 9 handfuls of black salt to your relaxing water.
2. Light candles around the tub, which adds the fire element.
3. Throw protective herbs into the water. Such as, basil, rosemary, roses with thorns, dragons blood or its incense, lavender, red/black pepper, ash, elder, sandalwood. (ensure the herbs are a compliment for your skin)
4. Soak for 30 minutes or more.
5. You can use this method as many times as necessary.

If you do not have a tub: Rub your body with the black spiritual salt. Leave it on for the length of time you would a bath. And, then with plenty of water rinse off your entire body. Feel that the obstacles are rinsing off. Repeat as often as you like.

Through Fire Element:

1. Light a fire. Fire is the vital element of divine manifestation and purification.
2. Take a minimum of a handful of black protection salt. Meditate over the salt you are holding thinking of only the negatives you want to get rid of.
3. Toss/throw the salt into the fire. As the salt burns you will see the embers speaking to each other in a dance. As the salt does its purification dance. Give thanks.
4. You might feel a release or change in energy in the form of a headache, or fatigue. It's working.
5. Continue, this ritual until negativity is gone.
6. Collect the ashes and add dry crumbled rosemary.
7. Burn as many times as you like.

HOW TO USE BLACK SALT CONTINUED

Abundance rituals: Adding herbs to your black salt will increase its power, and add strength to the spell. Add the following abundance herbs:

1. Allspice
2. Fern
3. Aloe
4. Ginger
5. Basil
6. Geranium
7. Clove
8. Cinnamon

IS EVIL NEGATIVE

Please keep in mind. Evil is not always negative. And, nobody is inherently born evil. Everyone has a pure, and evil side to them. So, could evil be manmade? Or, is reality constructed or created by the human mind in accordance with a particular social construct? Evil is a polarity that keeps the balance with sanity. And, vice versa the same is true with good.

A lot of individuals spend lifetimes trying to get rid of the evil inside themselves. It is important to learn the difference between moral corruption, and evil. We have a right to protect ourselves from it. And, if we perceive someone to be evil that does not mean we should do harm to them. However we should send back to its originator any energy in which we do not wish to participate.

DISPOSAL

Here are some things you can do to dispose of negatively charged black salt:

- Remove it from your space every week. Do not remove it from the enemies space.
- Throw the used salt into a body of water far from you and flush it down a drainage system.
- Burn it.
- Bury far way from your daily dealings.
- Write your problems on a sheet of paper. Stuff that paper into a cauldron of black salt and burn it.
- Do NOT reuse black salt.

QUESTIONS ANSWERED

- **Will black salt dissolve in water?** Salt is sodium chloride. If mixed with water it dissolves, and disappears. Although, you cannot see the ions. Science proves the dissolved solution conducts electricity.
- **Is black salt and Sendha namak the same?** Sendha namak is the same as Kala namak or Indian black salt used for cooking. And, is not the same as spiritual black salt.
- **Why is it called black salt?** Black lava salt is from Hawaii. It is unrefined and volcanic. The black color comes from the activated charcoal, which is great in removing impurities.
- **What is black salt made of?** There are many different types of salt. This book is about **black ritual salt** which is made of specific herbs for the ritual or spell, ash, iron and activated charcoal which charges the salt for strength of absorption. **Sea salt** is made from evaporating seawater, does not dissolve easily, and has lots of minerals. **Table salt** is iodized salt, 99% sodium chloride and industrial. **Kosher salt** originates from the sea, used in Jewish recipes and contains no additives. **Himalayan pink** salt found mainly in Pakistan, contains less sodium, and gets its color from the minerals it contains.

QUESTIONS ANSWERED CONTINUED

- **Is black salt good for health?** Research shows these salts may be of benefit; grey, pink Himalayan, red, Persian blue.

FOLKLORE

Spiritual black salt has been around for a long time. And, whether you believe it or not there are lots of myths or legends attached to it. Here are a few:

- If you spill salt, you must throw a bit over your shoulder to keep evil away, or either to bring good luck.
- A violent fight will break out if salt is spilt at the dinner table.
- Lending someone salt will lead to a fight between both lender and borrower.
- Lending salt to someone can be bad luck to the lender. As, the salt can be used in magic against the lender.

PRAYER

A prayer is a spell. When performing any spell use your heart and not your mind. However, you must also hear yourself saying each word. And, visualize each word as a living entity. Because, it is the spoken word, and the feeling that brings your success.

In the name of the Father (Most High), Son, (subconscious mind) and Holy ghost (your spirit guide) I demand that all negative energies, any energy that does not serve my happiness, prevents me from winning, or blocks clear wisdom and loving contact be removed now! Keep saying until the negativity is gone. It MUST leave! And doesn't have a choice.

When praying with black salt do not wish harm for others instead

- "will" the negativity back to its owner with your pure intent
- "will" all positivity unto yourself

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